



Position Description

Position Title:	Lived Experience Council Member
Position reports to:	Lived Experience Council Chair
Internal Liaisons:	Executive Team, National Managers and Stroke Foundation staff
External Liaisons:	Media, government, non-government organisations and other stroke survivors and carers
Time commitment	The council meets eight times each year. Council members are asked for advice in out of session activities between meetings. Council members are appointed for a 3-year term. There is an option for a further 3-year term (maximum of two terms).

Overview of the National Stroke Foundation

Stroke is one of Australia's biggest killers and a leading cause of disability amongst adults. One stroke occurs every 11 minutes in Australia. In 2023, 34,793 Australians experienced a stroke for the first time and over 440,000 Australians were living with stroke. The economic cost of stroke was \$9 billion, with a further \$15 billion in lost wellbeing due to disability and premature death. In addition;

- › 8,500 Australians will die because of stroke this year.
- › 25 percent of first-ever strokes occurred in people aged under 65 in 2023.
- › Regional and rural Australians are 17% more likely to experience a stroke than those in metropolitan areas.

In 2050, without action, 72,000 Australians will experience a stroke for the first time and there will be 819,900 survivors of stroke in the community. Despite public misperception, stroke is largely preventable, it is highly treatable, and survivors can make a good recovery with when they receive evidenced based emergency treatment, the appropriate rehabilitation and community support.

Stroke Foundation is a national charity that partners with the community to prevent stroke, save lives and enhance recovery. We support survivors of stroke, their families, healthcare professionals and researchers. We build community awareness and foster new thinking and innovative treatments. We support survivors on their journey to live the best possible life after stroke. We are the voice of stroke in Australia, and we work to:

- › Raise awareness of the risk factors, signs of stroke and promote healthy lifestyles.
- › Improve treatment for stroke to save lives and reduce disability.

- › Improve life after stroke for survivors.
- › Encourage and facilitate stroke research.
- › Advocate for initiatives to prevent, treat and beat stroke.
- › Raise funds from the community, corporate sector, and governments to continue our mission.

Stroke Foundation is an equal opportunity employer and encourages people with lived experience of stroke, Aboriginal and Torres Strait Islander people, and people from culturally and linguistically diverse backgrounds to apply.

Our *Values of Courage, Excellence, Compassion, Integrity and Leadership* are an integral part of our culture, brand and positioning. These values inform our decisions and behaviours in our dealings internally within the organisation, and externally with our stakeholders. All volunteers will demonstrate behaviours aligning with these Stroke Foundation values.

Stroke Foundation Governance

Stroke Foundation Board oversees how the organisation is run and managed. The Board has six sub- committees – the Clinical and Lived Experience Councils, Research Advisory Committee, Philanthropy Committee, Audit, Finance, Investment and Risk Committee and Governance and Nominations Committee.

The Clinical Council includes expert stroke clinicians and researchers across Australia who provide clinical advice to Stroke Foundation.

The Lived Experience Council represents the interests and viewpoints of survivors of stroke and their carers and increases our capacity to influence debate, policy and service delivery.

The Research Advisory Committee guides our research strategy. They review grant applications and advise on research partnerships.

The Philanthropy Committee helps the Board, Executive and Leadership team plan and find new funding through philanthropy.

The Audit, Finance, Investment and Risk Committee helps the Board manage money, investments, risk and follows legal requirements.

The Governance and Nominations Committee (GNC) makes sure Stroke Foundation's culture and values are strong and ethical.

Purpose of the role

Reporting to the Lived Experience Council Chair, Council members:

- › represent the interests and views of survivors of stroke and carers in Australia.
- › increase the capacity of Stroke Foundation to influence debate, policy and service delivery.
- › provide a clear understanding of priorities from a lived experience perspective.
- › assist Stroke Foundation in raising awareness and advocacy.

Lived Experience Council meetings are held eight times per year. There are seven videoconferences and one face-to-face meeting held in Melbourne, Victoria.

Being a Lived Experience Council member is an honorary appointment. Any necessary expenses are covered to attend meetings, such as travel and accommodation.

Major duties and responsibilities

- › Complete Lived Experience Council Member induction and training, including media training
- › Attend Lived Experience Council meetings and commit to the Council

Terms of Reference

- › Provide high quality advice on strategy, policy, programs and projects
- › Provide advice on publications and presentations
- › Share your stroke story, and represent people with lived experience and Stroke Foundation in the media, at events, and with stakeholders
- › Act as an advocate and ambassador, raising awareness of stroke and Stroke Foundation.

Knowledge, skills and attributes

- › Willing to learn about Stroke Foundation's work
- › Willing to complete induction and training
- › Interested in media and advocacy
- › Able to work with and understand different perspectives
- › Enthusiastic and positive outlook
- › Independent from industry or government, with no conflicts of interest.

Experience

Direct experience of stroke (survivor of stroke or carer)

I confirm I have been provided with a copy of my position description and any amendments.

Lived Experience Council Member

Dated